

**WELCOME!**

# Congratulations!

The hardest step with counseling is making the first appointment and you did it! Here are a few recommendations to keep your momentum so you can maximize your benefits from coaching or counseling:

**Financial Concerns:** If there are any financial issues or concerns we may be able to work with you on this.

**Calendar:** Always remember to have your calendar when you come to TLC and when you call to reschedule:

**Save time:** Having your calendar will save you time and keep you from needing to remember to call us back

**Life gets busy:** Often people forget to call back to reschedule or schedule a follow-up appointment

**Consistency:** Follow-up appointments are important in order to receive the maximum benefits from your first session!

**Canceling or rescheduling:** If you do not receive a reminder call please keep in mind the reminder is a courtesy but we need to leave it up to you to contact us at least two (2) business day prior to your appointment time if you need to reschedule

**Expectations:** Everyone has their own idea of what to expect from counseling varying from watching Dr. Phil or prior experiences. Please discuss your feelings if you feel your expectations are not being met. We can usually address this concern right away.

**Closure:** When things are going well often clients cancel their appointment before letting us know about their progress. We love to hear the good news so it's very important to have that final session to celebrate your counselor!



**Directions:**  
For directions to our location, please download the maps at [totallifecounseling.com/maps](http://totallifecounseling.com/maps)

**Bring Forms:**  
Please remember to print out your new client registration forms and fill them out prior to your first session. Download the forms @ [totallifecounseling.com/forms](http://totallifecounseling.com/forms)

Should you need further assistance or an emergency arises before we can meet, please feel free to call 407-248-0030

**STRESSLESS**  
STRESSLESS EDUCATIONAL SERIES

[StressLessSeries.com](http://StressLessSeries.com)



[TotalLifeCounseling.com](http://TotalLifeCounseling.com)

407.248.0030 [Info@TotalLifeCounseling.com](mailto:Info@TotalLifeCounseling.com)



Total Life Main Office, 1507 S. Hiwassee Road, Suite #101, Orlando, FL 32835



GENERAL INFORMATION

Date : \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

Full Name:  Mr.  Mrs.  Ms.  Miss  Dr. \_\_\_\_\_

Name You Prefer: \_\_\_\_\_ Age : \_\_\_\_\_ Date of Birth): \_\_\_\_\_

Sex:  Male  Female Other: \_\_\_\_\_

Race:  White  Black  Hispanic  Asian  Other: \_\_\_\_\_

CONTACT INFORMATION

Street Address: \_\_\_\_\_ Suite/Apartment Number: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ May We Send Mail Here:  Yes  No

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ May We Leave a Message Here:  Yes  No

Mobile Phone: (\_\_\_\_\_) \_\_\_\_\_ May We Leave a Message Here:  Yes  No

Email Address: \_\_\_\_\_ May We Send Email Here:  Yes  No

I would like to be added to Total Life Counseling Newsletter to receive free articles, tips and resources:  Yes  No

I prefer to be  texted  emailed  phone call  none for appointment reminders.

EMERGENCY CONTACT

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Mobile Phone: (\_\_\_\_\_) \_\_\_\_\_

EMPLOYMENT INFORMATION

Employer: \_\_\_\_\_ Length of Employment: \_\_\_\_\_

Occupation: \_\_\_\_\_ Average Hours Worked Per Week: \_\_\_\_\_

Average Annual Salary:  \$0 to \$10,000  \$20,001 to \$40,000  \$50,001 to \$60,000  \$80,001 to \$100,000
 \$10,001 to \$20,000  \$40,001 to \$50,000  \$60,001 to \$80,000  More than \$100,000

EDUCATION INFORMATION

Last Year of School Completed:  9  10  11  12  GED College:  1  2  3  4  Other: \_\_\_\_\_

Are You Currently in School:  Yes  No. If Yes, What School: \_\_\_\_\_

RELATIONAL INFORMATION

Current Relational Status:  Single  Dating  Engaged  Married  Separated  Divorced  Widowed

Are You Content with Your Current Status:  Yes  No. If No, Briefly Explain: \_\_\_\_\_

If Married, How Long: \_\_\_\_\_ Number of Previous Marriages for You: \_\_\_\_\_ For Your Partner: \_\_\_\_\_

If Separated or Divorced, How Long: \_\_\_\_\_ If Widowed, How Long: \_\_\_\_\_

Partner's Name:  Mr.  Mrs.  Ms.  Miss  Dr. \_\_\_\_\_



How Long Have You Known Your Partner: \_\_\_\_\_ Age: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Partner's Race:  White  Black  Hispanic  Asian  Other: \_\_\_\_\_ Partner's Sex:  Male  Female

Partner's Occupation: \_\_\_\_\_ Average Hours Worked Per Week: \_\_\_\_\_

Last Year of School Partner Completed:  9  10  11  12  GED College:  1  2  3  4  Other: \_\_\_\_\_

What Words Would You Use to Describe Your Partner: \_\_\_\_\_

Is Your Partner Supportive of You Seeking Counseling:  Yes  No  Unsure  Partner Doesn't Know

With Whom Do You Currently Live (*Check All that Apply*):  Alone  Spouse  Children  Parent(s)  Sibling(s)  
 Boyfriend  Girlfriend  Roommate  Other: \_\_\_\_\_

**CHILDREN**

List Your Children (Living or Deceased):

Name	Sex	Current Age or Year of Death	Relationship to You <i>(e.g. Biological, Adopted, Step)</i>	Living with You?	Describe Him/Her

Have You Ever Placed a Child for Adoption:  Yes  No. If Yes, When: \_\_\_\_\_

Have You Ever Had a Miscarriage or Medical Abortion:  Yes  No. If Yes, When: \_\_\_\_\_

**FAMILY OF ORIGIN**

List Mother, Father, Brothers, Sisters, Step Family, and Any Other Family Members who Effected You Positively or Negatively:

Name	Sex	Current Age or Year of Death	Relationship to You <i>(e.g. Mom, Dad, Sibling, Step)</i>	Occupation	Describe Him/Her

Do You Have a Personal Support System:  Yes  No. If Yes, Who: \_\_\_\_\_

**MEDICAL INFORMATION**

Primary Physician: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Specialty (*e.g. Family Practice, OB/GYN, Internal Medicine*): \_\_\_\_\_

Are You Currently Receiving Medical Treatment:  Yes  No. If Yes, Please Specify: \_\_\_\_\_



List Any Conditions, Illnesses, Surgeries, Hospitalizations, Traumas or Related Treatments You Have Had (Use Back if Necessary): \_\_\_\_\_

MEDICATIONS

List All Current Medications You Are Taking, including those You Seldom Use or Take Only as Needed (Use Back if Necessary):

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_  Improves  Prevents  Controls: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_  Improves  Prevents  Controls: \_\_\_\_\_

Are You Taking these Medication(s) According to Your Doctor's Recommendations:  Yes  No

If No, Briefly Explain: \_\_\_\_\_

PHYSIOLOGICAL SYMPTOMS

Please Check Any of the Following Physiological Symptoms/Sensations that Apply to You Presently, or in the Recent Past:

- Headaches, Visual Trouble, Weakness, Difficulty Breathing, Change in Appetite, Hearing Voices, Dizziness, Sleep Trouble, Tension, Intestinal Trouble, Tiredness, Seeing Things, Stomach Trouble, Trouble Relaxing, Rapid Heart Rate, Hearing Noises, Pain, Other. Each item has checkboxes for Past and Present.

Your Height: \_\_\_\_\_ Your Weight: \_\_\_\_\_ How has Your Weight Change in the Last 2-3 Months: \_\_\_\_\_

CURRENT STATUS

Please Check Any of the Following Problems which Pertain to You and/or Your Family:

- Stress, Panic, Guilt, Recent Death, Inferiority Feelings, Shyness, Marriage, Emotional Abuse, Temper, Bad Dreams, Unwanted Thoughts, Impulsive Behavior, Sexual Problems, Legal Matters, Drug Use, Career Choices, Children, Recent Loss, Nervousness, Unhappiness, Apathy, Grief, Defective Feelings, Fears, Communication, Verbal Abuse, Anger, Concentration, Memory, Self-Control, Pregnancy, Trauma, Alcohol Use, Ambition, Being a Parent, Disaster, Anxiety, Depression, Terminal Illness, Hopelessness, Loneliness, Friends, Physical Abuse, Sexual Abuse, Aggressiveness, Racing Thoughts, Loss of Control, Compulsivity, Abortion, Eating Problems, Trouble with Job, Making Decisions, Finances, Smoke Cigarettes. Each item has checkboxes for Past and Present.

LEVEL OF DISTRESS

Indicate How Distressed You Are by Placing an "X" on the Scale Below (1 = Very Little Distress; 10 = Extreme Distress):

1 2 3 4 5 6 7 8 9 10

Are You Currently Experiencing Any Suicidal Thoughts:  Yes  No. Have You Experienced Them in the Past:  Yes  No

Have You Ever Attempted Suicide:  Yes  No. If Yes, When and How: \_\_\_\_\_



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East Orlando, Clermont, Winter Park & Lake Mary

Have Any of Your Friends or Family Ever Committed or Attempted Suicide:  Yes  No

If Yes, When and Who: \_\_\_\_\_

**PRESENTING ISSUES AND GOALS**

Please Describe Why You Are Coming to Counseling (i.e. What Are Your Issues, Problems?): \_\_\_\_\_

Why Have You Decided to Come for Counseling Now: \_\_\_\_\_

What Do You Hope to Gain or Change by Coming for Counseling: \_\_\_\_\_

How Long Do You Believe Counseling Should Last: \_\_\_\_\_

**PREVIOUS COUNSELING**

List Any Previous Counseling, Psychiatric Treatment, or Residential/In-Patient Care You Have Received (Use Back If Necessary):

Therapist: \_\_\_\_\_ Location: \_\_\_\_\_ Dates: \_\_\_\_\_ Reason: \_\_\_\_\_

Therapist: \_\_\_\_\_ Location: \_\_\_\_\_ Dates: \_\_\_\_\_ Reason: \_\_\_\_\_

**RELIGIOUS BACKGROUND**

Please describe your religious involvement if any. Are there any special religious, cultural or ethnic considerations we should be aware of?

\_\_\_\_\_

**ACTIVITIES, INTERESTS, & STRENGTHS**

What do you do in your spare time? \_\_\_\_\_

What do you do well? \_\_\_\_\_

**TERMS OF SERVICE**

*I hereby give Total Life Counseling Center permission to provide counseling services for the client mentioned above:*

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



## Victimization History

**Abuse:**

Physical:

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Sexual:

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Mental:

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Neglect:

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Domestic Violence:

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Past C.P.S. Involvement:

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Potentially Abusive Behavior:

Substance	Onset	Current	Highest	Most Recent	Tolerance/Withdrawal
Alcohol					
Marijuana					
Cocaine					
Depressants					
Amphetamines					
Hallucinogens					
Opiates					
Inhalants					
K2, Bath salts, spice					
Other					
Tobacco					
Caffeine					



Authorization of Release Form

Our therapists may find it helpful to consult with your attorney, doctor, school, or applicable parties regarding treatment. In order to consult we need your authorization. If applicable, please complete on for each contact.

I, \_\_\_\_\_, hereby authorize Total Life Counseling Center, 1507 S. Hiawasse Road, Orlando, FL 32835 to:

Release information of: \_\_\_\_\_ Name of Client Date of Birth

To/From: \_\_\_\_\_ (family, doctors, psychologist, schools, etc.)

Phone #/Email: \_\_\_\_\_

(Please specify if you only want to authorize for appointments and payments.)

- For the purpose of: [ ] Outpatient/Inpatient Counseling [ ] Coordination with schools [ ] Coordination with MD/Psychologist/OT Therapist/Therapist [ ] Coordination with other family members

I understand that under state and federal confidentiality provisions only the above specified information can be released to only the above specified person or agency. I also understand that I may revoke this release of information at any time, providing that I notify the authorized agency in writing to this effect, but that revocation has no effect on action previously taken.

This consent will expire on (optional) \_\_\_\_\_

\_\_\_\_\_  
Client, Parent, Guardian Date



## Informed Consent & Release of Liability

Name: (please print): \_\_\_\_\_

I understand the following:

1. Counseling services are provided by practitioners who have earned a Master's Degree, or higher, in the field of counseling from an accredited graduate program and who have been licensed by the state of Florida as Mental Health Counselors, Registered Mental Health Counselor Interns (under the supervision of a License Mental Health Counselor Supervisor).
  - a. **Licensed Mental Health Counselors:** Jim West, Jamie Barrett, Matthew Martin, Stephanie Booth, Adriana Carreno, Sherecka Brown, Gemima McMahon
  - b. **Licensed Marriage & Family Therapist:** Lyris Steuber
  - c. **Licensed Clinical Social Worker:** Dana West
  - d. **Registered Mental Health Counselor Intern:** Brandon Feinberg, David Bolanos, Judy Irizarry, Chaliz Demuth, Dawn Helwig, Didem Alpaslan & Jaimie Homan
  - e. **Licensed Professional Counselor:** Anna Vita
  - f. **School Psychologist:** Dr. Marilyn Card
  - g. **Graduate Student Intern:** Valentina Stanley
    - i. A graduate student who is earning a Master's Degree in the field of counseling from an accredited graduate program and who is supervised by Licensed Mental Health Counselors by the State of Florida.
2. Although I expect benefits from this treatment, such benefits or particular outcomes cannot be guaranteed.
3. Due to the counseling or therapy, I may experience emotional strains, feel worse during treatment, and make life changes that could be distressing.
4. This counselor is not providing an emergency service; therefore, at any time you become extremely emotionally distressed or are in danger of hurting yourself or someone else, please call 911 for assistance.
5. Regular attendance will produce maximum results, but I am free to discontinue treatment at any time. A final closure/summary session is highly recommended to get the greatest benefits.
6. I understand that my counseling records & conversations with the counselor are kept confidential, except where disclosure is required by law (i.e. abuse of a child, elderly or disable person; potential harm or threat to self or others and specific information subpoenaed by a court of law.)
7. I know of no reasons that I should not undertake this therapy and I agree to participate fully and voluntarily.
8. I acknowledge that I may be given the option for telehealth when in-office sessions are not available and understand that it is my responsibility to make sure I maintain my own confidentiality while doing a virtual session.

All group members agree if the therapist is sued for breach of confidentiality, the client who breached confidentiality will hold the therapist harmless from any damages including attorney fees. Consequences of breaching confidentiality may result in pressed charges by another client. Although confidentiality agreements have been signed by all group members, this does not guarantee that confidentiality will not be breached by fellow group members.

My signature below indicated that I grant informed consent for Total Life Counseling to provide counseling services to myself and or minor members of my family.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Notice of Privacy Practices

This Notice Describes how medical information about you may be used and disclosed and how you can get access to this information about you may be used and disclosed and how you can get access to this information. Please review this document carefully.

<p>The Health Insurance Portability &amp; Accountability Act of 1996 (HIPAA) requires all health care records and other individually identifiable health information (protected health information) used or disclosed to us in any form, whether electronically, on paper, or orally, be kept confidential. This federal law gives you, the patient, significant new rights to understand and control how your health information is used. HIPAA provides penalties for covered entities that misuse personal health information. As required by HIPAA, we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.</p> <p>Without specific written authorization, we are permitted to use and disclose your health care records for the purposes of treatment, payment, and health care operations.</p> <ul style="list-style-type: none"> <li>• <i>Treatment</i> means providing, coordinating, or managing health care and related services by one or more health care providers. Examples of treatment would include psychotherapy, medication management, etc.</li> <li>• <i>Payment</i> means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example of this would be billing your insurance company for your services.</li> <li>• <i>Health Care Operations</i> include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service. An example would include a periodic assessment of our documentation protocols, etc.</li> </ul> <p>In addition, your confidential information may be used to remind you of an appointment (by phone or mail) or provide you with information about treatment options or other health-related services. We will use and disclose your PROTECTED HEALTH INFORMATION when we are required to do so by federal, state or local law. We may disclose your PROTECTED HEALTH INFORMATION to public health authorities that are authorized by</p>	<p>law to collect information; to a health oversight agency for activities authorized by law included but not limited to: response to a court or administrative order, if you are involved in a lawsuit or similar proceeding; response to a discovery request, subpoena, or other lawful process by another party involved in the dispute, but only if we have made an effort to inform you of the request or to obtain an order protecting the information the party has requested. We may release your PROTECTED HEALTH INFORMATION to a medical examiner or coroner to identify a deceased individual or to identify the cause of death. We may use and disclose your PROTECTED HEALTH INFORMATION when necessary to reduce or prevent a serious threat to your health and safety or the health and safety of another individual or the public. Under these circumstances, we will only make disclosures to a person or organization able to help prevent the threat.</p> <p>Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.</p> <p>You have certain rights in regards to your PROTECTED HEALTH INFORMATION, which you can exercise by presenting a written request to our Privacy Officer at the practice address listed below:</p> <ul style="list-style-type: none"> <li>• The right to request restrictions on certain uses and disclosures of PROTECTED HEALTH INFORMATION, including those related to disclosures to family members, other relatives, close personal friends, or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.</li> <li>• The right to request to receive confidential communications of PROTECTED HEALTH INFORMATION from us by alternative means or at alternative locations.</li> <li>• The right to request an amendment to your PROTECTED HEALTH INFORMATION.</li> </ul>	<p>outside of treatment, payment and health care operations.</p> <ul style="list-style-type: none"> <li>• The right to obtain a paper copy of this notice for us upon request.</li> </ul> <p>We are required by law to maintain the privacy of your PROTECTED HEALTH INFORMATION and to provide you with notice of our legal duties and privacy practices with respect to PROTECTED HEALTH INFORMATION.</p> <p>We are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all PROTECTED HEALTH INFORMATION that we maintain. Revisions to our Notice of Privacy Practices will be posted on the effective date and you may request a written copy of the Revised Notice from this office.</p> <p>You have the right to file a formal, written complaint with us at the address below, or with the Department of Health &amp; Human Services, Office of Civil Rights, in the event you feel your privacy rights have been violated. We will not retaliate against you for filing a complaint.</p> <p>For more information about our Privacy Practices, please contact: The Privacy Officer Total Life Counseling 1507 S. Hiawassee Road #101 Orlando, FL 32835 (407) 248-0030</p> <p>For more information about HIPAA or to file a complaint: The U.S. Department of Health &amp; Human Services Office of Civil Rights 200 Independence Avenue, S.W. Washington, D.C. 20201 877.696.6775 (toll-free)</p>
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**Acknowledgement of Receipt: Privacy Practice Notice**

I, \_\_\_\_\_ have received a copy of Total Life Counseling Center Notice of Privacy Practices.

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Client  
Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witnessed  
Signed: \_\_\_\_\_ Date: \_\_\_\_\_



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Please do not write in space below. For office use only

Issues	Descriptions & Objectives	Interventions

Diagnostic Impressions:

Axis I: \_\_\_\_\_  
\_\_\_\_\_

# Referrals

## Holistic Doctors

Dr. Jeff Haskel, PhD  
Energetic Life  
(407) 647-2220

Dr. Kirt Kalidas, MD – Holistic  
The Center for Natural & Integrative  
Medicine  
(407) 355-9246

Dr. Scott Vanlue, MD – Holistic  
Everything Well

Dr. Jennifer Bourst  
Unity Family Chiropractic Center

## Family Physician & Dietician

Allilin Family Medicine  
(407) 657-2111

Dr. Rick Baxley  
(407) 246-7001

Dr. Scott W. Vanlue, MD  
(407) 862-5637

Alice Baker, RD, LDN – Dietician  
Joyful Nutrition  
(407) 340-8251

## Occupational Therapist

Achieve Pediatric Therapy  
(407) 277-5400

Learn to Learn  
(407) 277-5550

Center For Speech & Language  
Rhonda Hemphill, M.S. CCC-SLP  
(407) 299-1533

Learning RX  
Bethsy Clements  
(407) 614-6255

## Orlando – Family Law

Tom Marks – Attorney  
The Marks Law Firm – Family Law  
(407) 872-3161

Rebecca Palmer - Attorney  
The Orlando Family Firm  
(407) 377-6399

Cheri Hobbs - Attorney  
Guardian Ad Litem  
Compass Law Firm  
(407) 896-1166

Diane N. Holmes – Attorney  
N. Diane Holmes, PA, Family Law  
(407) 843-1744

Anthony Diaz – Attorney – Mediation &  
Collaborative Law  
Law Office of Anthony J. Diaz  
(407) 774-4949

Aubrey Harry Ducker, Jr.  
Attorney and Counselor at Law  
407-645-3297

Dr. John Grbac (407) 447- 5437

Teresa Parnell Psy.D – Parent Coordinator  
Drparnell.net  
407-862-2722

## Lake Mary - Family Law

Elaine Silver  
Collaborative Divorce lawyer  
407-268-6830

## Clermont – Family Law

Boyette Cummins & Nailos –  
Attorney  
BCN Law Firm  
(352) 394-2103

J.J. Dahl – Dahl Family Law  
Group (352) 243-4100

Pamela J. Helton – Attorney  
The Law Offices of Pamela  
Helton, PA  
(352) 243-9991

## Personal Injury Attorneys

Wade Boyette  
Boyett Offices  
(352) 394-2103  
Fax: (352) 394-2105

Umansky Law Firm  
(407) 228-3838  
Fax: (407) 228-9545

## Vitamin Store

Chamberlin's Natural Foods  
(407) 352-2130  
Clermont Herb Shoppe & Spa  
(352) 243-3588

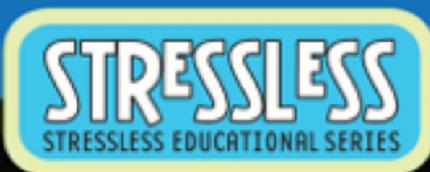
Your local Vitamin Shoppe or

## Resources for Special Needs Children

Achieve Pediatric Therapy, Heather Gray  
(407) 668-4923 (Dr. Phillips) or  
(407) 277-5400 (East Orlando)

Aliccia Braccia School Psychologist  
Resources  
(407) 718-4430

Bright Feats - Orlando  
(407) 620-9355



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## Psychiatrist

Dr. Heid Napolitano, MD  
The Happy Mind Company  
(407) 704-1461

Dr. Dhungana  
Serenity Health  
(352) 241-9282

Dr. Syed Quadri  
(407) 270-7702

Dr. Morales  
Child Psychiatrist – Oviedo  
(407) 365-0440

Dr. Andrew Pleener  
Windermere  
407-868-1514

Dr. Herndon Harding  
(407) 671-0057 – Winter Park

## Eating Disorder IOP

Blue Horizons, partnered with  
Remuda Ranch  
(407) 719-6294

Eudine Harry MD  
Center for Medical Weight Loss of  
Orlando  
Medical Director  
(407) 480-3339

Wekiva Springs Center (Jacksonville)  
(904) 296-3533

Rega Mental Health Center (Coral  
Springs)  
(954) 346-8300

Renew Center of Florida (Boca Raton)  
(954) 907-3446

## OBGYN

Mark Bielawny  
David Hazel-Ann Family Practice  
407-381-7364

Dr. Joseph Kerpsack  
352-241-7050

Dr. Andrew Karen  
Southlake Hospital  
352-241-7275

## Psychologist

Dr. Charlene Messenger – Educational  
Psychologist  
(407) 895-0540

Dr. William Saunders, PhD – Central  
Florida  
Psychological Associates  
(352) 365-2243

Clarice L. Honeywell, M.S., NCSP –  
School/Educational  
The Psychology & Counseling Group  
(407) 523-1213

Dr. Patrick Gorman, dpsy, PSYD –  
Neuro-Developmental  
(407) 644-7792

Stacy Carmichael, PhD ABPP  
407-415-1450

Alex Sanchez, LLC-Biofeedback  
Therapist  
(321) 289-6708

Marilyn Card  
Total Life Counseling/Card Counseling  
Testing Evaluations & Services.

## Criminal Attorneys

Joe Pate – Attorney  
Pates Law Group, P.A.  
(407) 896-1166

Joy Ragan – Attorney  
The Marks Law Firm – Family Law  
(407) 872-3161

Zahra Umansky  
Umansky Law Firm – Criminal &  
Juvenile  
(407) 228-3838

Bill Umansky  
(407) 599-3838

Anthony Diaz  
(407) 774-4949

## Residential Addictions

Central Florida Behavioral Hospital  
(407) 370-0111

Journey Pure Orlando Addiction  
407-501-4136

La Amistad Behavioral Health  
(Maitland)  
(407) 647-0660

The Grove  
(407) 327-1765

Seminole Mental Health  
(407) 831-2411

Darryl Strawberry Recovery Center  
(855) 973-7333

Advanced Recovery  
(321) 527-2576

## Inpatient for adults

Central Florida Behavioral  
(407) 370-0111

La Amistad  
(407) 647-0660

University Behavioral Center  
(407) 281-7000

Seminole Community Mental Health  
(407) 831-2411

Aspire  
(407) 291-6335

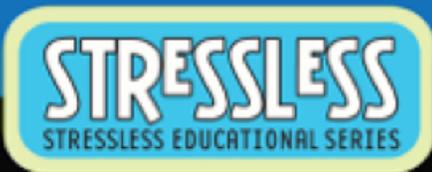
American Addictions Center  
Ryan Aldrin  
407-450-0947

The Recovery Village  
Kevin Reese  
352-800-6077

Lifestream Behavioral  
(866) 355-9394

## Visual Therapy

Dr. Toler  
Hope Vision Development  
352-243-4673



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TotalLifeCounseling.com